

WCRC Rec Pool



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------|---------------------------------------|-------------------------------------|--------------------------------------|------------------------------|---------------------------------|
| Water Aerobics 9 AM - 10 AM | Water Aerobics 9 AM - 10 AM | Water Aerobics 9A - 10 AM | Water Aerobics 9A - 10 AM | Water Aerobics 9A - 10 AM | Water Aerobics 9A - 10 AM |
| Adult Swim 10 A - 11 A | Adult Swim 10 A - 11 A | Adult Swim 10 A - 11 A | Adult Swim 10 A - 11 A | Adult Swim 10 A - 11 A | Adult Swim 10 A - 11 A |
| Homeschool Open Swim 11 A-12 P | Special Programming 11 A - 12 P | Special Programing 11 A- 12 P | Homeschool Open Swim 11 A-12 P | Public Swim 11 A - 7:30 P | Swim Lessons 11 A - 12 P |
| Public Swim 2 P - 4 P | Public Swim 2 P - 4 P | Public Swim 2 P - 4 P | Public Swim 2 P - 4 P | | Public Swim 12 P - 6:30 P |
| Swim Lessons 4 P - 5:30 P | Swim Lessons 4 P - 5:30 P | Swim Lessons 4 P - 5:30 P | Swim Lessons 4 P - 5:30 P | | Sunday |
| Public Swim 5:30 P - 7:30 P | Water Aerobics 5:30 P - 6:30 P | Public Swim 5:30 P - 7:30 P | Water Aerobics 5:30 P - 6:30 P | | Public Swim 12:30 P - 4:30 P |
| | Public Swim 6:30 P - 7:30 | | Public Swim 6:30 P - 7:30 P | | |

- Water Aerobics
- Special Programming
- Adult Swim
- Public Swim
- Home School Open Swim
- Swim Lessons

Monday through Thursdays 12 p - 2 P the Rec pool is closed to the public

WCRC Lap Pool (Spring)

February 10 - June 8



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|--|--|--|--|--------|
| <p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p> | <p>Lap Swim 6:00 A - 3:30 P</p> | <p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p> | <p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p> | <p>Lap Swim 6:00 A - 3:30 P</p> <p>Deep Water Aerobics 10:00 A - 11:00 A</p> | <p>Watauga Swim Team 9:00 A - 11:00 A</p> <p>Lap Swim 11:00 A - 12:00 P</p> <p>4 Lap swim lanes w/ climbing wall open 12:00 P - 6:30 P</p> | |
| <p>Watauga Swim Team 3:30 P - 6:30 P</p> | <p>Watauga Swim Team 3:30 P - 6:30 P</p> | <p>Watauga Swim Team 3:30 P - 6:30 P</p> | <p>Watauga Swim Team 3:30 P - 6:30 P</p> | <p>Watauga Swim Team 3:30 P - 6:30 P</p> | | |
| <p>Lap Swim 6:30 P - 7:30 P</p> <p>Masters Swim Team 6:00 P - 7:15 P (3 lanes)</p> | <p>Lap Swim 6:30 P - 7:30 P</p> <p>Aqua Bootcamp 6:00 P - 6:45 P</p> | <p>Lap Swim 6:30 P - 7:30 P</p> | <p>Lap Swim 6:30 P - 7:30 P</p> <p>Masters Swim Team 6:00 P - 7:15 P (3 lanes)</p> | <p>Lap Swim 6:30 P - 7:30 P</p> | <p>4 Lap lanes w/ climbing wall open 12:30 P - 4:30 P</p> | |
| <p>Beginning April 29th, Watauga Barracudas will share the pool 6:30 P - 7:30 PM for preseason training.</p> | | | | | | |

-  Lap/Open Swim
-  Deep Water Aerobics
-  Watauga Swim Team
-  Masters Swim Team
-  Aqua Boot Camp